



CANYONRANCH  
SpaClub<sup>®</sup>

MENU OF SERVICES  
on Oceania Cruises

# menu

## OF SERVICES

### SKIN CARE

- ADVANCED AGE-MANAGEMENT FACIAL  
80 minutes \$254
- AGELESS OXYGEN BOOST  
50 minutes 203
- AGELESS OXYGEN BOOST ... THE ULTIMATE!  
80 minutes 264
- CLEANSE & POLISH BACK TREATMENT  
50 minutes 135
- DEEP-CLEANSING FACIAL  
50 minutes 135  
80 minutes 200
- GEMSTONE ANTI-AGING FACIAL  
80 minutes 225
- GENTLEMEN'S FACIAL  
50 minutes 135
- REVITALIZING HYDRATION FACIAL  
50 minutes 174
- SENSITIVE FACIAL  
50 minutes 145
- VITAMIN INFUSION FACIAL  
50 minutes 153  
80 minutes 220
- YOUR "TOTAL" TRANSFORMATION FACIAL  
80 minutes 290
- YOUR TRANSFORMATION FACIAL  
50 minutes 150  
80 minutes 215

### OPTIONAL FACIAL ENHANCEMENTS

- ANTI-AGING NECK & DÉCOLLETÉ TREATMENT \$45
- ANTI-AGING THERAPEUTIC MASQUE 45
- BROW TINTING 36
- EYELASH TINTING 45
- MASQUE ADD-ONS 45
- SPECIALIZED EYE TREATMENTS 36

### • OPTIONAL UPGRADES

- Iontophoresis* \$48
- Sonophoresis* 38

### FACIAL & BODY WAXING

- BACK \$72
- BIKINI 45
- BRAZILIAN 90
- CHIN 26
- EYEBROW ARCH 36
- FOREARM 45
- FULL ARM 54
- FULL BODY 203
- FULL LEG 90
- FULL LEG & BIKINI 131
- HALF LEG 45
- HOLLYWOOD 100
- LIP 27
- UNDERARM 36

### BODY TREATMENTS

- DETOXIFYING RITUAL  
80 minutes \$275
- EUPHORIA RITUAL  
80 minutes 275
- NATURALLY NOURISHING RITUAL  
80 minutes 275
- REVITALIZING RITUAL  
80 minutes 275

### CONDITIONING BODY SCRUBS

- EUPHORIC COFFEE SCRUB  
50 minutes \$135
- OCEAN SCRUB  
50 minutes 135
- OHANA CIRCULATION POLISH  
50 minutes 135
- WORLD OF RELIEF BODY BUFF  
50 minutes 135

## ORGANIC BODY WRAPS

- EUPHORIC DETOX WRAP  
50 minutes \$153
- SEAWEED LEAF WRAP  
80 minutes 245
- SEAWEED PEAT WRAP  
50 minutes 153
- TANGLE ME UP WRAP  
50 minutes 153

## MASSAGE & BODYWORK

- AROMATHERAPY MASSAGE  
50 minutes \$145  
80 minutes 195
- AROMATHERAPY MUSCLE SOOTHER  
80 minutes 200
- CANYON RANCH MASSAGE  
50 minutes 140  
80 minutes 195
- CANYON STONE MASSAGE  
80 minutes 209
- DEEP TISSUE MASSAGE  
50 minutes 164  
80 minutes 236  
100 minutes 288
- SOLE REJUVENATION  
50 minutes 145
- TENSION ZONE MASSAGE  
50 minutes 140

## OPTIONAL MASSAGE ENHANCEMENTS

- DRY-NO-MORE SCALP TREATMENT \$32
- OILY-NO-MORE SCALP TREATMENT 32
- PEPPERMINT SCALP REFRESHER 32
- REVITALIZING FOOT TREATMENT 32

## TREATMENTS FROM THE EAST

- REFLEXOLOGY  
50 minutes \$145
- SHIATSU\*  
50 minutes 145  
80 minutes 200

- THAI MASSAGE\*  
50 minutes \$145  
80 minutes 200

## HEALING ENERGY

- REIKI\*  
50 minutes \$145

## AYURVEDA

- ABHYANGA MASSAGE\*  
50 minutes \$169  
80 minutes 225

## HAIR DESIGN

- BANG/FRINGE TRIM \$15
- BLOW-DRY ENHANCEMENT  
Add-Ons 33  
Extra Long 24  
Super Curly 24
- COMB OUT 42
- CUT & STYLE  
Short Hair 78  
Medium-Length Hair 87  
Long Hair 96
- MEN'S HAIRCUT 33
- MUSTACHE & BEARD TRIM 15
- SHAMPOO, CUT & BLOW-DRY  
Short Hair 78  
Medium-Length Hair 87  
Long Hair 96
- SHAMPOO, ROLLERSET & BLOW-DRY  
Short Hair 51  
Medium-Length Hair 60  
Long Hair 69
- UPDO/UPSTYLE  
Medium-Length Hair 69  
Long Hair 78

## COLOR & HIGHLIGHTING PRICES START AT:

- BLEACH \$68
- FULL HIGHLIGHTS 150
- HIGHLIGHTS – 2 TO 4 FOILS 42
- PARTIAL HIGHLIGHTS 105

- TINT, TONER OR SEMIPERMANENT COLOR
  - Short Hair \$87
  - Medium-Length Hair 96
  - Long Hair 105
- TINT – ROOTS ONLY 78

## SPECIALTY SCALP & CONDITIONING TREATMENT

- HAIR & SCALP TREATMENT  
80 minutes \$150

## MANICURES

- AGE-DEFYING MANICURE  
45 minutes \$90
- FRENCH MANICURE  
50 minutes 47
- GEL MANICURE  
50 minutes 90
- GENTLEMEN'S MANICURE  
30 minutes 35
- HANDS SO SOFT MANICURE  
45 minutes 85
- SPA ESSENTIALS MANICURE  
45 minutes 42

## NAILS

- ACRYLIC FILLS\* \$69
- FILE & POLISH 24
- FULL SET\*
  - Acrylics 96
  - French Polish Change 33
  - Pink & White Acrylics 123
  - Pink & White Rebalance/Fill 78
- NAIL REPAIR 24
- OVERLAY WITH ACRYLICS\* 78
- PARAFFIN TREATMENT  
Hands or Feet 33
- POLISH CHANGE  
Fingers or Toes 24  
French 33
- SOAK-OFF 33

## PEDICURES

- AGE-DEFYING PEDICURE  
50 minutes \$120
- CANYON STONE PEDICURE  
80 minutes 114
- FEET SO SOFT PEDICURE  
50 minutes 115
- GEL PEDICURE  
50 minutes 95
- GENTLEMEN'S PEDICURE  
30 minutes 69
- SPA ESSENTIALS PEDICURE  
50 minutes 69
- SPORTS PEDICURE  
50 minutes 78

## MAKEUP

- MAKEUP CONSULTATION \$60

## EXERCISE & WELLNESS

- BASIC FITNESS ASSESSMENT  
80 minutes \$149
- BODY COMPOSITION ANALYSIS  
25 minutes 25
- EXERCISE FOR WEIGHT LOSS  
50 minutes 95
- PERSONAL TRAINING SESSION  
25 minutes 65  
50 minutes 95
- PERSONAL TRAINING SESSION  
(2 people)  
50 minutes 145
- SPACLUB® EXERCISE PRESCRIPTION  
50 minutes 95

## SPECIALIZED WELLNESS SERVICES

- BACK CARE  
50 minutes \$95
- GAIT ANALYSIS  
25 minutes 85

\* On selected vessels.

# menu

## AT A GLANCE

Explore some of our most popular services.

### SKIN CARE

- AGELESS OXYGEN BOOST  
50 minutes \$203
- AGELESS OXYGEN BOOST ...
- THE ULTIMATE!  
80 minutes 264

### MASSAGE & BODYWORK

- ABHYANGA MASSAGE  
50 minutes \$169  
80 minutes 225
- CANYON STONE MASSAGE  
80 minutes 209
- THAI MASSAGE\*  
50 minutes 145  
80 minutes 200

### SALON

- CANYON STONE PEDICURE  
80 minutes \$114

\* On selected vessels.

## APPOINTMENTS

For more information or to book an appointment, please dial 03 on your in-suite telephone, or 2800 on any ship phone.

*Use of Fitness Center/Gymnasium is complimentary.*

### FITNESS CLASSES

*Inquire at the gym desk or Spa reception about our complimentary fitness classes. Sign-up is required to attend. Sign-up sheets are located at the gym desk or Spa reception. Please note that select classes require a registration fee.*

### EDUCATIONAL PRESENTATIONS & WORKSHOPS

*Complimentary presentations and workshops are offered by Canyon Ranch professionals. Consult your daily program for topics, times and locations.*

### GRATUITIES

*An 18% service charge will be added to the service price for your convenience. Additional tips are not expected and are at the sole discretion of the guest.*

CANYONRANCH  
*SpaClub*®

877-329-1924 | [canyonranch.com](http://canyonranch.com)

CANYONRANCH.  
*The Power of Possibility.*

DESTINATION HEALTH RESORTS Tucson, Arizona | Lenox, Massachusetts

SPACLUB® SPAS & FITNESS The Venetian® & The Palazzo®, Las Vegas | Cunard's Queen Mary 2®  
Oceania Cruises® | Regent Seven Seas Cruises® | Celebrity Cruises®